



About Us

Meal Delivery Program - We specialize in providing nourishing meals, made fresh daily, to clients who sign up for our meal delivery service. Meals available from Monday to Friday, we also provide frozen meals for weekends and holidays. We try to meet special dietary needs whenever possible.

Food & Friends Program - Social luncheons for 55+ in locations throughout Langley. Nutritious meals along with speakers, socialization and active involvement in the community. Food, Fun & Friends.

Boutique Finds - Our upscale ladies thrift store is a treat to search for unique finds. Located next to our office - 20410 Douglas Crescent.

Volunteer Program - We are always looking for community minded individuals to join our team!

Together We Deliver

We Offer

Value

Nutritious, well balanced, low-cost meals

Convenience

Meals are delivered hot and ready to eat. Served in eco friendly packaging.

Quality & Variety

Meals are prepared under the direction of a professional chef. Menu variety as served with a daily, 4 week calendar rotation.

Social Interaction

Volunteers provide friendly social contact with delivery. Also offer a caring safety check-in.

Independence

Meal delivery helps manage daily tasks to support ability to stay in own home longer.

Partners



20414 Douglas Crescent
Langley, BC V3A 4B6
604 533 1679
www.lmow.ca

Home From The Hospital



Caring
for our
Community



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604 533 1679
info@lmow.ca
www.lmow.ca

Home From The Hospital



Referring an at-risk patient to our program ensures they will receive 5 days of free meal delivery, along with the watchful eye of our caring volunteers.

Referrals

- Accepted from Langley Memorial Hospital and Langley family physicians / Nurse Practitioners
- Call Langley Meals on Wheels staff
- Provide patient's name, address, birthdate and discharge date
- Provide patient's contact number and emergency contact name and number

It's that easy!



Phone 604 533 1679

Together We Deliver

Who is eligible?

Our Home From the Hospital Meal Program supports Langley patients in need.

- ✓ leaving hospital from a medical or surgical unit
- ✓ Young mom's post delivery
- ✓ Langley senior or adult with an age-related diagnosis
- ✓ Medically fragile adult referred by the LINC team or Emergency Department Discharge Nurses or hospital Social Worker

"When I got home from surgery I was lost with very little mobility. I reached out to you and not only did you get things started for me quickly, but you subsidized my meals... As a single mom off work, you saved me!" – MOW client

Recovery requires fuel, the fuel your body needs for healing is food



- Hot Meals delivered between 11:30 am to 1:00 pm
- Delivery Days - Monday to Friday
- Weekend meals – (frozen meals) delivered on Friday

Home Delivery Meals

- Hot, home style meals are made daily with fresh, local ingredients
- menus have been reviewed by a qualified chef and each meal contains up to 75% of adult daily nutrition requirements. Our meals are low in sodium, sugar and fat, acceptable for most dietary restrictions



Call 604 533 1679