

LANGLEY MEALS ON WHEELS - JANUARY 2025



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Office Hours :


Monday - Friday 8:30am - 4pm

Next day orders must be placed by 1:00pm the day before.

NOTE - WE WILL BE CLOSED:

WEDNESDAY JANUARY 1ST FOR NEW YEARS DAY



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
DEC 30 - JAN 3	30 Bangers & Mash w/ Veg Soup of the Day Tuna Salad Sandwich	31 Chicken Teriyaki w/ Rice & Veg Soup of the Day Ham & Cheese Sandwich	1 NEW YEAR'S DAY 	2 Ham & Pineapple w/ Potato & Veg Soup Of the Day Turkey & Cheese Sandwich	3 Hearty Stew w/ Bun Soup of the Day Vegetarian Sandwich
JAN 6 - 10	6 Pork Chops w/ potato & Veg Soup of the Day Tuna Salad Sandwich	7 Swedish Meatballs w/ Rice & Veg Soup of the Day Ham & Cheese Sandwich	8 Seasonal Fish w/ Rice & Veg Soup of the Day Egg Salad Sandwich	9 Bacon Mac & Cheese Soup Of the Day Turkey & Cheese Sandwich	10 Chicken Pot Pie w/ Veg Soup of the Day Vegetarian Sandwich
JAN 13 - 17	13 Chili w/ Potatoes & Veg Soup of the Day Tuna Salad Sandwich	14 BBQ Chicken w/ Rice & Veg Soup of the Day Ham & Cheese Sandwich	15 Sheppard's Pie w/ Vegetables Soup of the Day Egg Salad Sandwich	16 Chicken Parm w/ Pasta & Veg Soup of the Day Turkey & Cheese Sandwich	17 Turkey Dinner w/ Mash & Veg Soup of the day Vegetarian Sandwich
JAN 20 - 24	20 Pork Fried Rice w/ mixed veggies Soup of the Day Tuna Salad Sandwich	21 Pot Roast w/ Gravy Potatoes & Veg Soup of the Day Ham & Cheese Sandwich	22 Spaghetti w/ Meatsauce Soup of the Day Egg Salad Sandwich	23 Fritata w/ Hash & Veg Soup of the Day Turkey & Cheese Sandwich	24 Roast Chicken w/ Potato & Veg Soup of the day Vegetarian Sandwich

Entrees include a complimentary soup.

Add a sandwich to your order for \$4. which includes complimentary soup or fruit.

Menus may be subject to change due to availability.