

















































# AUGUST 2022- MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>August 1-5</b>	<p>1 <b>August 1st CLOSED for the HOLIDAY</b></p>	<p>2 Teriyaki Chicken Rice Steamed Vegetables</p> <p> Mushroom Beef Barley Deli Meat Sandwich </p>	<p>3 Pot Roast w Gravy Mashed Potatoes Steamed Vegetables</p> <p> Garden Vegetable  Ham &amp; Cheese Sandwich</p>	<p>4 Chicken Stir fry w/fried rice Vegetables</p> <p> Minestrone  Egg Salad Sandwich</p>	<p>5 Swedish Meatballs Mashed Potatoes Vegetables</p> <p> Coldsalad Salad  Turkey &amp; Cheese Sandwich</p>
<b>August 8-12</b>	<p>8 BBQ Chicken Herb Roasted Potatoes Green Peas</p> <p> Ham &amp; Potato Soup  Seafood Salad Sandwich</p>	<p>9 Beef Stir fry w/Fried Rice vegetables</p> <p> Butternut Squash Soup  Egg Salad Sandwich</p>	<p>10 Baked Lasagna w/ Garlic Toast</p> <p> Cucumber Tomato Salad  Ham &amp; Cheese Sandwich</p>	<p>11 Baked Salmon w/Rice Mixed Vegetables</p> <p> Vegetable Soup  Chicken Salad Sandwich</p>	<p>12 Chicken a-la-king mashed potatoes Beans</p> <p> Coconut Curry Soup  Deli Meat Sandwich</p>
<b>August 15-19</b>	<p>15 Perogies &amp; Sausage Steamed Vegetables</p> <p> Vegetable Soup  Tuna Salad Sandwich</p>	<p>16 Pasta Primavera w/garlic bread Steamed veggies</p> <p> Tomato Basil Soup  Vegetarian Sandwich</p>	<p>17 Roast Chicken w/gravy Mashed Potatoes Steamed Vegetables</p> <p> Goulash Soup  Egg Salad Sandwich</p>	<p>18 Crustless Quiche w Bacon Roast Potatoes Mixed Veg</p> <p> Cucumber Tomato Salad  Turkey &amp; Cheese Sandwich</p>	<p>19 Pork Chop w/ Mushroom Gravy Roasted Potato Steamed Vegetable</p> <p> Tomato Bacon Soup  Egg Sandwich</p>
<b>August 22-26</b>	<p>22 Sliced Ham with Pineapple Scalloped Potatoes Steamed Vegetables</p> <p> Canadian Pea  Vegetarian Sandwich</p>	<p>23 Meatloaf w/ Gravy Mashed Potato Mixed Vegetables</p> <p> Chicken Noodle  Deli Meat Sandwich</p>	<p>24 Roast Turkey w/dressing &amp; gravy Mashed Potatoes Green Beans</p> <p> Corn Lentil  Salmon Salad Sandwich</p>	<p>25 Tomato Herb Pork Rice Mixed Vegetables</p> <p> Clam Chowder Soup  Tuna Salad Sandwich</p>	<p>26 Beef Stew Roast Potatoes Steamed Corn</p> <p> Moroccan Chicken  Ham &amp; Cheese Sandwich</p>
<b>August 29-31 Sept - 1-2</b>	<p>29 Meat Sauce Spaghetti Garlic Bread Mixed Vegetables</p> <p> Chicken Rice  Tuna Salad Sandwich</p>	<p>30 Teriyaki Chicken Rice Steamed Vegetables</p> <p> Mushroom Beef Barley  Deli Meat Sandwich</p>	<p>31 Pot Roast w Gravy Mashed Potatoes Steamed Vegetables</p> <p> Garden Vegetable  Ham &amp; Cheese Sandwich</p>	<p>1 Chicken Stir fry w/fried rice Vegetables</p> <p> Minestrone  Egg Salad Sandwich</p>	<p>2 Swedish Meatballs Mashed Potatoes Vegetables</p> <p> Coldsalad Salad  Turkey &amp; Cheese Sandwich</p>

 Soup of the day  Sandwich of the day  Salad

\*Entrees include Soup and Dessert -  
Menus maybe subject to change due to availability

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