

2021		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Week 1:</b> Jan 11-15 Feb 8-12 Mar 8-12 Apr 5-9 May 3-7 May 31-Jun4	June 28-Jul 2 Jul 26 – 30 Aug 23 – 27 Sept 20- 24 Oct 18 – 22 Nov 15 – 19 Dec 13 - 17	<i>Canadian Pea Soup</i> <b>Sliced Ham with Pineapple</b> <b>Scalloped Potatoes</b> <b>Carrots</b> <i>Dessert /Fruit</i>	<i>Mushroom Barley</i> <b>Beef Stew with Vegetables &amp; Dumplings</b> <b>Parsley Boiled Potatoes</b> <b>Broccoli</b> <i>Dessert / Fruit</i>	<i>Mulligatawny</i> <b>Chicken Marengo</b> <b>Parmesan Rice</b> <b>Steamed Peas</b> <i>Dessert/Fruit</i>	<i>California Bean Soup</i> <b>Hearty Beef Meat Loaf with Gravy</b> <b>Mashed Potatoes</b> <b>Seasoned Turnip</b> <i>Dessert/Fruit</i>	<i>Butternut Squash Soup</i> <b>Chicken A La King</b> <b>Potato O'Brien</b> <b>Steamed Corn</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>		Deli Meat Sandwich	Ham & Cheese Sandwich	Egg Salad Sandwich	Turkey Sandwich	Tomato Cucumber Cheese Sandwich
<b>Week 2:</b> Jan 18-22 Feb 15-19 Mar 15-19 Apr 12-16 May 10-14 Jun 7-11	Jul 5 – 9 Aug 2 – 6 Aug 30-Sep3 Sept 27-Oct1 Oct 25-29 Nov 22-26 Dec 20-24	<i>Garden Vegetable</i> <b>Roast Beef &amp; Yorkshire Pudding /Gravy</b> <b>Mashed Potatoes</b> <b>Cauliflower</b> <i>Dessert/Fruit</i>	<i>Chicken Rice Soup</i> <b>Salisbury Hamburger Steak w/Mushroom Gravy</b> <b>Risotto &amp;Green Beans</b> <i>Dessert/Fruit</i>	<i>Beef Barley Soup</i> <b>Meat Sauce Spaghetti</b> <b>Garlic Bread</b> <b>Mixed Vegetables</b> <i>Dessert/Fruit</i>	<i>Cucumber &amp; Tomato Salad</i> <b>Roast Pork / gravy</b> <b>Roast Potatoes</b> <b>Buttered Turnips</b> <i>Dessert/Fruit</i>	<i>Carrot Ginger Soup</i> <b>Honey Garlic Chicken</b> <b>Steamed Rice</b> <b>Peas</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>		Ham & Cheese Sandwich	Roast Beef Sandwich	Tuna Salad Sandwich	Turkey Sandwich	Deli Meat Sandwich
<b>Week 3:</b> Jan 25-29 Feb 22-26 Mar 22-26 Apr 19-23 May 17-21 June 14-18	July 12-16 Aug 9 – 13 Sep 6 – 10 Oct 4 – 8 Nov 1-5 Nov29-Dec3 Dec 27-31	<i>Ham &amp; Potato Soup</i> <b>Lemon Rosemary Roast Chicken /Gravy</b> <b>Herb Roast Potato</b> <b>Minted Green Peas</b> <i>Dessert/Fruit</i>	<i>Hearty Vegetable</i> <b>Swedish Meatballs/Gravy</b> <b>Mashed Potato</b> <b>Glazed Carrots</b> <i>Dessert/Fruit</i>	Caesar Salad & Dressing <b>Baked Lasagna</b> <b>Garlic Toast</b> <b>Squash</b> <i>Dessert/Fruit</i>	<i>Cream of Tomato Soup</i> <b>Coconut Crusted Chicken</b> <b>Roast Potatoes</b> <b>Green Beans</b> <i>Dessert/Fruit</i>	<i>Split Pea Soup</i> <b>Beef Stroganoff</b> <b>Mixed Vegetables</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>		Chicken Salad Sandwich	Egg Salad Sandwich	Ham & Cheese Sandwich	Turkey Sandwich	Tomato Cucumber Cheese Sandwich
<b>Week 4:</b> Jan 4- 8 Feb 1-5 Mar 1-5 Mar 29-Apr 2 Apr 26 – 30 May 24 - 28	Jun 21-Jun 25 Jul 19- 23 Aug 16 – 20 Sep 13 – 17 Oct 11-15 Nov 8 – 12 Dec 6 - 10	<i>Corn Lentil Soup</i> <b>Roast Turkey</b> <b>Dressing &amp; Gravy</b> <b>Roast Potatoes</b> <b>Green Beans</b> <i>Dessert/Fruit</i>	<i>Tossed Salad &amp; Dressing</i> <b>Macaroni Casserole Cheese Bake</b> <b>Garlic Toast</b> <b>Peas</b> <i>Dessert/Fruit</i>	<i>Chicken Gumbo</i> <b>Shepherd's Pie/Gravy</b> <b>Dinner Roll</b> <b>Cabbage</b> <i>Dessert/Fruit</i>	<i>Broccoli Soup</i> <b>Chicken Stew</b> <b>Steamed Rice</b> <b>Seasoned Spinach</b> <i>Dessert/Fruit</i>	<i>Chicken Noodle Soup</i> <b>Beef Meatball Marinara</b> <b>With Spaghetti</b> <b>Mixed Vegetables</b> <i>Dessert/Fruit</i>
<b>Daily Sandwich - with soup /or fruit</b>		Roast Turkey Sandwich	Egg Salad Sandwich	Tuna Salad Sandwich	Ham & Cheese Sandwich	Chicken Salad Sandwich

